

# SENS

## School of English for Engaged Social Service

January 12 - April 8, 2020  
Wongsanit Ashram, Thailand

Transform Your English, Transform Your World!

### The INEB Institute

The School of English for Engaged Social Service (SENS) is a project of the Institute for Transformative Learning of the International Network of Engaged Buddhists (The INEB Institute) under the umbrella of the Sathirakoses-Nagapradipa Foundation registered in Thailand.



<http://inebinstitute.org/eng>  
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มูลนิธิ สัตหิระโกส-นาคปรดิปา  
Sathirakoses-Nagapradipa Foundation





## Our Mission

To develop an English language program as a model to be shared:

- of socially conscious language learning
- that allows for rapid, enjoyable, and successful mastery of language skills
- in a rich, cooperative learning environment
- that fosters personal growth and social engagement
- as a contribution to peace, justice, understanding, and sustainability worldwide



### Term Dates

January 12 - April 8, 2020

This includes 12 weeks of intensive instruction and one week of holiday at midterm.

### Home Campus

Wongsanit Ashram

Nakhon Nayok, Thailand



### Tuition Fees & Living Expenses

6,000 USD or 198,000 Baht\*

This fee covers tuition, field trips and other excursions, Internet access, private tutoring, insurance, three healthy meals per day, snacks, and simple but comfortable and safe lodging.\*\*

\* Partial and full scholarships are available, based on merit and need.

\*\* Travel from home country to Thailand and visa fees, as well as other costs outside the course dates, are not included in the total \$6,000 fee.

### SENS Alumni Network

Students who graduate from SENS 2020 join the SENS Alumni Network and receive ongoing support through sharing of information about scholarships, conferences, and follow-up trainings.

SENS participants change the world—help change theirs by sponsoring a student for the 2020 program. Please visit: <http://inebinstitute.org/donation>





## ● Who Would Benefit as a Student?

We encourage you to apply if

- Your English is already intermediate level or better.
- You want to improve your English dramatically.
- You want to use your mind and your skills to work for personal growth and for the good of everyone.
- You love learning, especially in the company of others.
- You are committed to doing the work necessary to learn English well.
- You are adaptable and have a lot of energy.

The SENS program seeks students who are committed to working for the larger good, who are able to listen attentively to others, and who can think independently.

We welcome students from any country, regardless of age, occupation, and social or religious status. We are happy to accept laypeople as well as those who have chosen a religious vocation. We aim to form a diverse cohort of students who may identify with Buddhism, Islam, Christianity, Hinduism, Judaism, or an indigenous tradition—or who follow secular or other forms of self-cultivation, ethical orientation, and spiritual practice.

We encourage you to apply even if you do not have the funds to pay for the program.

## Places open for up to 18 students

## ● Volunteer Tutor Program

We encourage you to apply if

- You are a native or near native English speaker.
- You like people and are highly conscientious and responsible.
- You would like to learn about Thailand, Buddhism and other religious traditions, meditation, counseling, social issues, and transformative teaching methods.
- You want to practice teaching and leading others.
- You are ready for a life change.

We are seeking volunteer tutors who will assist the primary teachers in the classroom and lead small group and one-on-one conversations outside of class.

Volunteer tutors will receive free room and board, and free travel on group excursions.

## How to Apply as a Student or Tutor:

### Students

- Students should download and fill out the application form from <http://inebinstitute.org/apply/>
- Save the completed application as a new file that includes your name or nickname, and the program (SENS 2020) in the name of the document. For example: Sam-SENS2020 Application
- Send an email to [registrar@inebinstitute.org](mailto:registrar@inebinstitute.org) and attach the completed application.

### Tutors

- Tutors should send a cover letter, a sample of your writing, and a CV, including references from people who are not family members, to [registrar@inebinstitute.org](mailto:registrar@inebinstitute.org).
- For those passing the first selection, we will make an appointment with you for an interview online.

After attending SENS, I have become able to think through every thought and action: what are the causes, what are the consequences, what do I gain, and what do others gain? After learning about the importance of interfaith dialogue and conservation of the environment, now I want to work in these areas.

This course isn't only about English; it is about learning humanity and compassion. The classroom created in SENS is the only place in the world I know where we who belong to different religions and backgrounds still experience a sense of deeply connected humanity and unbiased understanding.

*- Rushda Noor, Akhuwat Foundation, Pakistan*

This program has helped me to articulate my thoughts and has raised my morale about sharing my viewpoints in English. In addition to that I have started reflecting on my actions and deep emotions. I look forward to engaging in programs like SENS which don't limit creativity and which create the space for a person to realize their potential.

*- Tongpang Kumzuk, Naga Indigenous Tribe of India*



This training course has been very valuable for me. I have learned more than I expected. After this course I am more aware about myself and I feel encouraged that as long as I am alive, I will do the best for the world and for all living things. Thanks to this course I can set my goals more clearly and make more specific decisions.

The most important goal of my life is to stop the climate crisis. Not only humans and wild animals but also all living organisms face new challenges for survival because of climate change. I am thinking what I can do to change this big issue and situation. In fact all big changes start from small things and small changes.

Even though what I do may be small, I will do my best to bring peace, joy, equality, and non-discrimination into the world.

*- Ja Li Naw Aung,  
Metta Development Foundation, Myanmar*

What I learnt from this program is:

- How to prevent problems like violence, inequality and climate change—by using co-counseling and deep listening, for example.
- I also became clear that we are all powerful to make changes in the world. But we cannot only think about it, we have to do it.

*- Phra Maha To, Wat Saket, Thailand*

This program taught me a lot about myself, and about engagement for social transformation. Before I came here, I was already aware of different societal issues, and engaged in a sustainable life in Brittany. However, something was absent in me, and I could feel emptiness in some way. During this program, I nourished this empty part of me, and I can feel a change in me today.

This program has helped me to start a few steps on the path of peace, and to find a way of nourishing my mind, for growing my spiritual path, and at the same time to be engaged in change.

*- Christelle Nicolas, France*

This course turned my life perspective around. It has created a meaningful vision and mission. From this course I learned about self-awareness, self-cultivation, co-counseling, the relationship between climate change and world economy, leadership qualities, social injustice, and meditation.

I've decided I must change my neighborhood of Agaram in Chennai to become a "Green Town" and a "Plastic Prohibited Town." I've decided that I will support my family, friends, allies, and community economically and emotionally.

*- Dhanalakshmi Ranganathan,  
Foundation of His Sacred Majesty, India*



I want to spread love and peace through being a good Muslim. I will start from myself and encourage people to love everyone regardless of their religion.

Within 10 years I have plan to live in a village with my own family. I will plant my own food and have a lovely flexible work schedule. It might sound impossible, but I see the possibilities after learning about interbeing. Now I know how to value my life.

SENS not only taught me about English but also helped me understand many issues that happen around us. I learnt how to be a leader from several great leaders. I learnt about the suffering of people whom I had never known before. I also learnt about life from my friends. It is because I joined this program and I feel grateful for that.

*- Dewi Martina,  
Muhammadiyah University of Riau, Indonesia*

Now I have some new goals and I have made some new decisions. This course has made me more confident and allowed me to believe in my thinking enough to make these goals and decisions. I want to create an eco-village and learning center in Myanmar and initiate a sustainable and peaceful society network.

*- Ye Win Hein, Kalyanamitta Foundation, Myanmar*